



Thursday, July 11	Session	Location/Room
10:00 am -12:30 pm	Participant Check-in/Buffer Lunch Buffet Lunch from 11:25 to 12:25 Games and photo booth in Ballroom	Chesapeake Dorm for Check-in Festival Ballroom for Buffet Lunch
12:30 pm-1:30 pm	Welcome/Opening Ceremony Overview of YOVASO, Retreat goals, team roles, and what to expect this week <i>Guest Speaker: Tammy Gweedo McGee – “The Important Role Teens Have in Saving Lives”</i>	Festival Grand Ballroom
1:30 pm-3:00 pm	Team Introductions <ul style="list-style-type: none"> - Get to know your Trooper and Youth Leader - Q/A with team trooper on why they became a trooper, what they do, teen driving laws, and why they are involved in YOVASO - Icebreakers - Review Retreat rules, goals, agenda, and Retreat purpose - Team Flag Design 	Festival Grand Ballroom
1:45 pm-3:00 pm	Sponsor/SRO Session Retreat overview for adult leaders and YOVASO direction for 2024-25 <i>Guest Speaker: Shaun Derik – “Being T.H.E.R.E. – Five Ways to Actively Engage Young People”</i>	Alleghany
3:00 pm-3:15 pm	Break	
3:15 pm-5:00 pm	Launching into Teambuilding Teams will work together to complete three missions that will test their teamwork and collaboration skills	Ballroom
5:00 pm-5:50 pm	Dinner	E-Hall
5:50 pm – 6:00 pm	Reassemble in Festival Ballroom	
6:00 pm-7:00 pm	Motivational Speaker: Shaun Derik – “Speaking is Easy, But Saying Something is <i>The H.A.R.D. Part</i>”	Grand Ballroom
7:00 pm-8:00 pm	Shaun Derik Break-Out Workshop Students “Practice a Plan” to address pressure to engage in risky behaviors	Grand Ballroom
8:15 pm- 8:30 pm	Team Reflection: “Think, Pair, Share” <ul style="list-style-type: none"> - Teams reflect on what they learned/how to put it into practice - Complete Day 1 Survey / Review Agenda for Day 2 - YL report out on Team Reflection 	Upper & Lower Drums
8:30 pm -8:45 pm	<ul style="list-style-type: none"> - Team Spirit Award announced - Review instructions for Glow Stick Game 	Lower Drum
8:45 pm-10:00 pm	Glow Stick Game A team race to collect the most glow sticks before getting tagged out	Behind Festival Center in the grass
10:00pm-11:00 pm	10:00 pm - Back to Dorms (showers and prep for day 2) 10:45 pm - Room Checks - must be in rooms. 11:00 pm - Lights Out!	Chesapeake Dorm



Friday, July 12	Session	Location/Room
7:00 am	Team Roll Call Teams meet outside dorm for roll call	Outside Chesapeake Dorm
7:30 am	Teams assemble to load buses and depart campus for B.R.A.K.E.S. Attendees will get a boxed breakfast to eat on the way.	Outside Festival
8:15 am-9:00 am	Guest Speaker. B.R.A.K.E.S. founder, Doug Herbert Doug will share his personal story and why he founded the B.R.A.K.E.S. teen pro-active driving school.	Manheim of Harrisonburg
9:00 am-12:00 pm	Outdoor Stations: Licensed drivers will complete driving skill exercises with B.R.A.K.E.S. - Exercises include: Car Control/Skid Recovery, Panic Braking/ABS Stop, Distraction Driving Awareness, Drop Wheel/Off Road Recovery, Crash Avoidance, and Slalom Exercise. Non-licensed drivers will participate in the Distracted Driving Simulator and a variety of vehicle maintenance stations. - Stations include: tire change and tire pressure check; oil change and what do the warning lights mean; car maintenance; and how to jump start your car and what equipment to keep in your car year round	Manheim of Harrisonburg
12:00pm-12:30pm	Travel back to JMU	
12:30 pm-1:30 pm	Lunch	E-Hall
1:30 pm-2:05 pm	Break/Freshen up at dorm Meet back in front of dorm with team no later than 2:05 and walk over to Ballroom	Chesapeake Dorm
2:15 pm-2:30 pm	Reconvene in Ballroom - Staff will go over Action Planning.	Ballroom
2:30 pm-3:45 pm	Action Planning for Youth Traffic Safety Programs <i>Four mini sessions to build leadership skills for your club</i> - Mock Interviews - How to appeal to peers - Elevator Pitches - How to get buy-in for your club	Highlands, Alleghany, Lower Drum, Ballroom A; Ballroom B; Ballroom C
3:45 pm-4 pm	Break	Ballroom A
4:00 pm-5:15 pm	Guest Speaker - Virginia Cannabis Control Authority Presentation on cannabis, laws, and the dangers of driving high	Ballroom A
5:30 pm-7:00 pm	Dinner Cook-Out, music, and yard games	Behind Festival Building
7:00 pm-8:30 pm	Amazing Race: Space Edition Teams will work to solve clues and complete a variety of traffic safety and fun space themed stations	Race will take place in various locations
7:15 pm-8:30 pm	Sponsor/SRO Session Open dialogue on how to steer change in communities with parents who have lost a teen and other individuals impacted by a crash. Discussion on how to steer tragedy into action, best ways to educate and engage students, how to reach parents, and why schools need to be involved.	Alleghany Room
8:30 pm-8:45 pm	Team Reflection: "Think, Pair, Share" - Teams reflect on what they learned/how to put it into practice - Complete Day 2 Survey / Review Agenda for Day 3 - YL report out on Team Reflection	Upper/Lower Drum
8:45 pm-10:00 pm	YOVASO's Got Talent, Annual Talent Show - Team Spirit Award announced - Students showcase their talent - music, dance, skits, etc.	Ballroom A
10:00 pm-11:00 pm	Back to Dorm/Lights Out. 10:15 pm - Back to Dorms (showers/prep for day 2) 10:45 pm - Room Checks - must be in rooms 11:00 pm - Lights Out!	Chesapeake Dorm



Saturday, July 13	Session	Location/Room
7:30 am	Team Role Call - Teams meet outside dorm for roll call *Wear Retreat Shirt today!	Outside Chesapeake
7:45 am-8:30 am	Breakfast	E-Hall
8:30 am-8:45 am	Reassemble in Ballroom for Interactive Station Instructions and Christy King Introduction.	Festival Grand Ballroom
8:45 am-11:50 am	Outdoor/Indoor Interactive Stations. Teams rotate through a series of interactive stations focused on driver and passenger safety, including seat belt convincer, crash reconstruction, railroad safety, impaired driving prevention, CarFit, media interviews & many others. Station Rotations include: -Harrisonburg PD Seatbelt Convincer -DriveSmart VA -VSP Crash Reconstruction Team -VDOT Pedestrian Safety -CarFit -Pinnacle Treatment -Gweedo Memorial Foundation and Christopher King Foundation -Mock Press Conference with VSP PIOs -VSP K-9 Demonstration -Railroad Safety with Virginia State Corporation Commission	C12 Parking Lot – Outdoor Stations Highlands – Indoor Stations
12:00 pm-12:50 pm	Lunch	E-Hall
12:50 pm-1:00 pm	Reassemble in Ballroom Instructions will be given and students will be broken into two groups.	
1:00 pm-2:25 pm	Advanced Club Track: Action Planning for Club Youth Traffic Safety Programs Students meet with their school teams to begin planning for the upcoming year. The goal is to create a plan to recruit new students and develop an action plan for the Drive for Change Campaign.	Lower Drum
1:00 pm-2:25 pm	Orientation Track for New/ Non-Club Students: Preparing to Be a Safe Driver Students who are not involved with a school club will participate in a CarFit presentation and interactive session on vehicle adjustments and adaptive devices to maximize driver safety.	Ballroom A
2:30 pm-3:30 pm	Introduction to the YOVASO Youth Advisory Council YAC members and Regional Trainers talk about the council's role, its mission, and the benefits of serving on YAC	Highlands
3:30 pm-5:30 pm	Free Time Free time and dress for the Awards Banquet	Chesapeake Dorm
5:45 pm	Staff and students arrive for Awards Banquet A photo booth will be available prior to the start of the banquet	Festival Grand Ballroom
6:00 pm-8:00 pm	2024 YOVASO Awards Banquet "YOVASO Jam: Showcasing Superstars for Safe Teen Driving" Awards presented for teen traffic safety initiatives during 2023-24	Festival Grand Ballroom
8:00 pm-8:30 pm	Break-Change for PJ Party	Chesapeake Dorm/Festival
8:30 pm-8:45 pm	Team Reflection: "Think, Pair, Share." - Teams reflect on what they learned/how to put it into action. - Complete Day 3 Survey / Review Agenda for Day 4.	Chesapeake Dorm/Festival

	- YL report out on Team Reflection.	
8:45 pm-10:00 pm	Pajama Party Night hosted by DJ Jeff Brown! - Team Awards and Individual Superlatives announced	Lower Drum
10:00 pm-11:00 pm	10:00 pm - Back to Dorms (showers/prep for day 2) 10:45 pm - Room Checks - must be in rooms 11:00 pm - Lights Out!	Chesapeake Dorm



Sunday, July 14	Session	Location/Room
7:30 am	Team Role Call	Outside Chesapeake Dorm
7:45 am-8:30 am	Breakfast	E-Hall
8:45 am-10:00 am	TJohnE ThinkFast Gameshow <ul style="list-style-type: none"> - A multi-media show jeopardy style with questions on traffic safety and pop culture. - Teams compete to correctly answer questions about traffic safety facts learned during the Retreat. - The top teams make it to the final ThinkFast round to win gift cards. 	Ballroom A
10:10 am-10:45 am	Personal Speaker: Chantelle Burns A personal message to teens about the devastating consequences of making poor choices while behind the wheel and encouragement to be role models and advocates for safe teen driving.	Ballroom B & C
10:45 am-11:05 am	Final "Think, Pair, Share" Team Reflection <ul style="list-style-type: none"> - Teams reflect on the Retreat and students provide a personal overview of their experience. - Teams review the importance of the YOVASO mission, how each student can make an impact on the problem, and ways to use the information learned in their schools and communities. 	Ballroom B & C/Festival Hallway
11:05 am-11:40 am	Retreat Review and Closing <ul style="list-style-type: none"> - Final recap of Retreat goals - YLs report on team reflection session and how students plan to use the information they learned during the week - Complete final Retreat Survey 	Ballroom B & C
11:40 am-12:30 pm	Return to Dorms/Pack/Check out: Students must be picked up no later than 12:30pm	Chesapeake Dorm