

## Peer Leadership Training Presentation Notes

Where to Find the Presentation: <u>https://prezi.com/view/b0YGDIVI7ecxCHN0g7Xo/</u>

Peer Leadership Training Main Page:

- Introduce yourself.
- Discuss how this training is to prepare members be great leaders for YOVASO and for their school.
- This training will educate you on what YOVASO is and what skills are needed to be a leader. If you are a Regional Trainer or YAC member, be personal when presenting. Talk about why you are a part of YOVASO; why you joined YOVASO; what it is like to be a peer leader in your school.

Let's Talk Leaders:

- Before showing the videos, talk about the questions. Tell your students they need to think about these pictures while watching the video.
- Hit enter and watch the Miranda video. Then watch the clip from Remember the Titans.
- After watching the videos, go over the answers to the questions. If you need to go back to the questions, you can hit the back arrow key on the keyboard. This should take less than 5 minutes to complete.

Leadership Skills:

- Talk to students about what makes a Super Leader? What do they think are the skills they need in order to be a good peer leader for YOVASO and elsewhere? If there is a white board around, write down what they come up with. If they have trouble coming up with something, throw out the words: honesty, responsibility, positivity, integrity, and being able to communicate well.
- You can divide the groups to discuss what they think makes a leader and their skills. If they have trouble coming up with a word, you can throw out honesty, responsible.
- Refer back to YOVASO. Are any of the examples they give important to being a good YOVASO leader?
- Talk about what leadership skills YOVASO students need to have in order to be successful? You can again write these on the white board or just do a discussion.

Leadership Game: Let's Put Your Leadership Skills to the Test!

- Leadership Charades: Have a group of students act out the leadership actions below, and then have the class try to guess. You can also have two teams of actors/actresses competing. If one team can't get the class to answer correctly, the other team gets to try. Feel free to create leadership actions. Can use these leadership actions: Sitting by someone at lunch who is alone; Refusing to spread rumors; Cleaning up trash; Including people into conversations; Having positive energy/being enthusiastic; Studying and getting good grades.
  - Give everyone the chance to come up with an action but do not take too much time on it. I'd do this about 7 minutes.
  - Ask this question at the end: Who would like to pledge to do one or more of these in real life within the next week?

Let's Talk About YOVASO...:

• You do not have to start off with the very first question if they do not know anything about YOVASO. If the students are new to YOVASO, you can tell them what YOVASO stands for. Then ask them what does that mean to them?

- The instructor could also tell a quick personal story of YOVASO's meaning/impact to them or a personal story they heard from a student For example: One of our club members told us that after she joined YOVASO, she was able to convince her boyfriend, who never buckled up, to wear a seat belt. Months later, he was involved in a crash and walked away with minor scratches. He thanked her because the seat belt helped save his life and she wanted us to know how valuable YOVASO is in helping to save lives.
- Let students know the program is all about teens and run by teens.

YOVASO's Mission:

- Car Crashes are the #1 cause of death for teens youth ages 15-20
- YOVASO's Mission is to engage, educate, and empower youth to influence a safe driving culture. We help and support teens with establishing peer-to-peer advocacy programs in schools and communities that change unsafe driving behaviors and attitudes among young drivers and passengers.
- Peer-to-peer programs are the key to establishing generations of safe teen drivers in Virginia teens lead social change / power of teen influence.
- YOVASO empowers you to educate peers, develop innovative campaigns/activities, and lead the change for safer and more responsible drivers and passengers.

Focus Areas of YOVASO:

- Read over the list.
- Ask the group what areas do your group, school, or community need to focus on? Why is that?

What YOVASO Provides Your Group:

- Campaigns: Save Your Tailgate and Arrive Alive is first. Show the video from Jefferson Forest High School. Let them know this is one of the Options while doing the campaign. They can create a PSA. All campaigns require a Seatbelt check before the kick-start of the campaign and post campaign, as you see here). They can have a Banner signing.
- Halloween and Holiday next. For the Halloween campaign, you can have a trick or treat booth. You can participate in the Town Holiday Parade with a float. The options are numerous!
- Interactive Programs: ScanEd and Distracted Driving Simulator. YOVASO provides opportunities outside of the classroom. We have ScanEd: Physics of a Crash. \*Explain what Scan Ed is and what it does. We also provide distracted driving simulators that allow students to get behind the wheel of a golf cart and have real-life scenarios of distracted driving.
- Summer Leadership Retreat. We have an annual leadership retreat in June that is open to all member schools. The video will show the group what the retreat is all about!
- Discuss what your club has done campaign wise and with interactive programs. Talk about your experience at the retreat.

Your Role as a Peer Leader

- Emphasize that a peer leader doesn't mean taking over the club or that all responsibility falls on you. Good leaders encourage and help others to assume responsibility and take on leadership roles!
- Engage, Educate and Empower your club members. You will be in charge of training the new members of your school's club.
- Be welcoming and accepting to all members. Be a traffic safety role model to all students in your program and in your school. Be Responsible!
- Lead school programs, increase your knowledge on how to reduce risky driving behaviors, and use your voice to speak out about traffic safety.
- Plan and implement engaging club recruiting strategies, campaigns, and trainings.
- Implement a Code of Conduct/Rules for your club.

- Be a good facilitator listen to and encourage ideas from others. Let others help lead.
- Evaluate your programs, discuss what you learned after each project, and ask for help/assistance when needed.
- MAKE THIS PERSONAL. Talk about your experience with YOVASO. Talk about how you recruited, what your YOVASO group has done. Talk about how you have been a leader for your group.

Leadership Development Game: Plane Crash:

- This game requires imagination! Participants must pretend they are on a plane that has crashed on a desert island. You much choose 2 things from the current place you are in that you think would be the most useful to aid in their survival. (That can be your living room, kitchen, or classroom!) Each item is ranked in its importance and the entire group has to come to a consensus!
  - This game should be played for about 5 minutes. I'd give them 30 seconds to find anything useful in the room they are in.
- In case you need a backup:
  - "Can You Hear Me?": Nominate one person to be the speaker and the rest are artists. The speaker comes up with a random image (related to YOVASO) and the goal is to describe that image in such a way that the artists can draw it successfully. The speaker can only use geometric shapes. By limiting instructions, the speaker needs to give good communication skills to his/her artists. On the other hand, the artist needs to listen well and interpret what the speaker is saying.
- The question for either game you decide on: Why should a good leader have excellent communication skills?

Training: How to Train Your New Members:

- Students will need to be able to use their perspectives for this part. I will be developing a template for them to use but they will need to add in their thoughts since it is supposed to be peer to peer.
- EMPHASIZE that it is important they give their own perspectives when training members!

Action Planning:

- Follow the bullet points on the Prezi.
- Inform the club they will begin working on their Action Planning Google Form once they have completed the training. They can start on the Form and the PDF together and then review their answers with the rest of the club members.

Membership Manual:

• Talk about and show the manual. Turn to the step by step guide in the manual and the other things that are important in the binder. This allows them to make the club their own.

3 E's:

- This will be a type of exit ticket. Get the group talking. Have them discuss how YOVASO Educates members. Then how YOVASO Engages. Finally, how YOVASO Empowers.
- Give them about three minutes to complete this. Do not take too long to do this unless you see that they are actually discussing YOVASO. If you see that they are talking about other things, you can move on.
- You can do this as a whole group virtually.
- When talking about the three E's make sure they understand these things: (You do not have to say these verbatim)
  - **Engage** youth at the school and community level through peer-to-peer traffic safety programs that are innovative, impactful, and hands-on.
  - **Educate** youth on how to be safer and more responsible drivers, passengers, pedestrians, and bicyclists through peer-led campaigns, competitions, interactive programs, and social media messaging.

• **Empower** youth with the responsibility, knowledge, and skills to influence a safe driving attitude (culture) in their schools and communities.

Last, but not least:

- This slide is self-explanatory! You can click on the website link and show them what the website looks like.
- If they have their phones, have them go ahead and like or begin following our social media pages. Have them explore the different accounts.
- Hit enter and it will take you back to the title page.
- Make sure to ask if there anyone has any questions!
- There is a QR Code the participants of the training need to scan and then complete the survey before they can be dismissed. They can use their phones or an iPad. Anything that will scan the QR Code. Give them a couple minutes to complete it. Ensure EVERYONE takes the survey.

That concludes the Peer Leadership Training!